



RICHARD S. ADLER, M.D. & ASSOCIATES, PLLC

Forensic & Clinical Psychiatry

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Shawgi Silver, MD, MPHS

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EDUCATION

Oregon Health and Science University

Portland, Oregon

Forensic Psychiatry Fellowship Training, June 2022

Seattle Children's Hospital / University of Washington

Seattle, WA

Child and Adolescent Psychiatry Fellowship Training with a concentration in neurodevelopment,
June 2021

Washington University in Saint Louis School of Medicine

Saint Louis, MO

Psychiatry Residency Training, June 2019

Washington University in Saint Louis School of Medicine

Saint Louis, MO

M.D., May 2016

Washington University in Saint Louis School of Medicine

Saint Louis, MO

Master of Population Health Sciences (MPHS), May 2016

Whitman College

Walla Walla, WA

B.A. in Biochemistry/Biophysics/Molecular Biology, Cum Laude, May 2005

RESEARCH EXPERIENCE

2021 APA SAMHSA fellow

-Research currently underway to implement a CBT-I protocol to improve insomnia and externalizing behaviors among a cohort of incarcerated youth and verified by wearable activity tracking devices.

- 2019 -Title: Analysis of Psychiatrists' Prescription of Opioid, Benzodiazepine, and Buprenorphine in Medicare Part D in the United States"
-Co-authors: Kevin Pan, PhD and Charles Davis, MD
-Accepted for publication in: Trends in Psychiatry and Psychotherapy

Washington University in Saint Louis School of Medicine/Barnes Jewish Hospital, Dept. of Psychiatry

2017-2018

- Title: Antipsychotics and Breast Cancer, Treatment Implications and Novel Directions
- Preceptor: Dr. Tahir Rahman, Department of Psychiatry
- Responsibilities: Literature review of existing evidence for the use of antipsychotics in the treatment of breast cancer, uterine cancer, and prostate cancer as both adjuncts to chemotherapeutic regimens as well as amelioration of the psychiatric sequelae of cancer diagnoses.
- Poster presentation at Siteman Cancer Center poster competition
- Clinical research project now being designed to utilize already awarded grant.

Washington University in Saint Louis School of Medicine/Saint Louis Children's Hospital, Div. Ped. NSGY

2011-2012

- Title: Lumbar Cerebrospinal Fluid Biomarkers of Post-hemorrhagic Hydrocephalus of Prematurity: Amyloid Precursor Protein, Soluble Amyloid Precursor Protein α , and L1 Cell Adhesion Molecule.
- Preceptor: Dr. David Limbrick, Department of Pediatric Neurosurgery
- Responsibilities: Creating and carrying out basic-science protocols in collaboration with the principal investigator to quantify the amounts of L1CAM and APP in premature neonates with IVH grades I-IV. Choosing samples from a database of samples collected over ten years from the repository of the Newborn Neurological Surgery Laboratory after categorizing and organizing the samples based on radiological data and notes on clinical presentation.
- Published in "Neurosurgery": January, 2017, PMID: 27571524

Barnes-Jewish Hospital Division of Radiological oncology

2012-2013

- Title: Impact of Time of Day on Outcomes After Stereotactic Radiosurgery for Non-Small Cell Lung Cancer Brain Metastases

- Preceptor: Dr. Shahed Badiyan, Department of Interventional Radiology
- Responsibilities: responsible for the data collection and collation of tumor size before and after stereotactic radiosurgery to assess overall survival and local control, assisting the principal investigator.
- Published in "Cancer": October 2013, PMID: 23839874

EMPLOYMENT

KAPLAN, INC.

Seattle, Washington

October 2008 – August 2011

Teacher/Tutor

Consistent presentation and public speaking necessary in teaching graduate, post-graduate, and undergraduate students the basic sciences (physics, biology, chemistry, and organic chemistry) as well as general test preparation for graduate-level examinations (MCAT, OAT, and DAT)

- Presentations for varying levels of understanding and educational background
- On-the-spot question and answering of scientific and medically orientated material
- Logical sequencing and conceptual board work
- Extensive and necessary organization of complex scientific material

LIFESPAN BIOSCIENCES INC.

Seattle, Washington

February 2008 to February 2009

Lab Tech/Consultant

Direct sales of Antibodies to research firms and academic laboratories. Proofread spec sheets, prepared reagents and antibodies for shipments and deliveries. Organized spectroscopic data for presentations. Interfaced with lab heads and sales/marketing division leaders.

- Team leader in performance
- Creator/integrator of new methodologies
- Mentor to new hires to teach fundamentals of lab techniques

ACTIVITIES

Diversity committee/workshop

- Seattle Children's Hospital CAP training program Diversity Committee
- Seattle Children's Hospital Equity and Inclusion Task Force

Washington University Medical School Plunge- Diversity Retreat Facilitator

- Facilitated discussions regarding medical ethics and health provider decision making
- Oriented first year medical students to the history of Saint Louis,
- Mentored first year students

Public Health Interest Group participant

- Designed pilot program to deliver fresh produce to communities in food deserts
- Involved in discussions regarding health policy and health disparities in urban areas

Student National Medical Association

- Led small groups during minority pre-med summer immersion programs, teaching college-age students about the process of medical school application and the practice of obtaining histories and other aspects of patient care the context of medical school.
- Led a think-tank in the development of a pilot project to deliver fresh produce and healthy-eating advice to inner city neighborhoods located in the food deserts of Saint Louis Film Society

LICENSES

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|----------------|-----------------------|
| 2021 – present | Oregon – MD205169 |
| 2019 – present | Washington - 60977060 |
| 2016 – 2020 | Missouri - 2018006183 |

CERTIFICATIONS

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| 2020 | Adult Psychiatry American Board of Psychiatry and Neurology, #200444 |
| 2021 | Basic Life Support , #IMP218M483XG |
| 2021 | Montreal Cognitive Assessment Administration and Scoring , #USSILSH7100698-01 |

MEMBERSHIPS

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| 2020 – present | American Academy of Child and Adolescent Psychiatry |
| 2021 – present | American Academy of Psychiatry and the Law |